the EU in line with suggestions you have made about a points system? I want to end the discrimination we have within our immigration system where we say that anyone who comes from southern and eastern Europe, regardless of if they are skilled or not can come in unlimited numbers but if you are a scientist coming from New Zealand or a doctor coming from India, we are going to be very strict about whether we let you in. That is all the wrong way round. Australian style points system where That is all the people because of geography, we choose people because they have skills that we need and they have not got criminal records and they bring their own health insurance. If we do that, all of the debate and heat and argument about heat and argument about immigration would cease Birchley overnight. want to ask you about your position as leader, do you bring an optimistic message for the future because Ukip MP Douglas Carswell has been saying that the party needs a fresh face, someone with an optimistic message. We are a very

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united party. The Ukip National executive, the couple of dozen MEPs, they are all unanimously behind my leadership of the party. Is Douglas Carswell? 91% of Ukip voters in the country are behind my leadership. We have one person who disagrees with my leadership. Douglas Carswell is completely out on a limb and we cannot allow for somebody to go on sowing division where none exists. So frankly rather than saying these things privately and now publicly he must put up or shut up. Thank you very much for your time. A new study has shown that around 2,000 cases of serious birth defects - such as Spina Bifida - could have been prevented, if the Government had followed advice to fortify flour with folic acid. 78 countries - including the United States - add folic acid to cereal grain and flour, with many health experts believing the UK should follow suit. With more, here's our health correspondent, Dominic Hughes.

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Spina bifida occurs when a baby is still in the womb and is known as a neural tube defect which can affect the brain. Very often these cases lead to termination, stillbirth, the death of the newborn baby or serious disability. Some protection can come from folic acid, naturally present in some foods, cereals and wholemeal bread. But it is hard to consume enough from purely natural sources, so the Department of Health has been advising pregnant women to take folic acid supplement since 1992. New research suggests as many as 28% of women ignore the advice and don't take folic acid while pregnant. In 1998 the authorities in the US started adding folic acid to flour for bread and since then have seen a dramatic fall in babies developing these defects. If the UK had adopted a similar policy, researchers say that since 1998 more than 2000 cases would have been avoided. It is getting to women who are basically healthy before they are pregnant when we have around 50% of pregnancies in this

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country that are still unplanned. It was always a tall order that would need a massive sustained campaign over and over again. No government has really tackled that head-long. Successive governments have been advised to follow the US example and introduce folic acid to flour for bread, most recently on October. The Department of Health has said they are still considering the latest recommendations. Energy firm NPower has been fined a record #26 million for failing to treat its customers fairly. billing is one of the criticisms levelled at empower, this is a massive fine. More than twice the last record fine, which was around #12 million two years ago. Basically, the regulator said that empower, owned by the German energy

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giant RWE, build inaccurately, late and did not deal with complaints when people find up to complain about those inaccurate bills, so it is ready coming down like a tonne of bricks on Npower for not having dealt with these issues for about nine months mostly in 2013. The interesting thing about this I think is the regulator Ofgem has set a new set of benchmarks, targets. They say if Npower next year, they will no longer be allowed to market or sell in the United Kingdom. I have never heard such a Draconian threat but that is how seriously the regulator is taking it. Production at Britain's last deep coal mine will end at lunchtime today, with 450 people set to lose their jobs.